



Washington County Summary of Significant Needs

The Shared Community Health Needs Assessment (CHNA) was conducted through a collaborative effort among Maine’s four largest healthcare systems – Central Maine HealthCare, Eastern Maine Healthcare Systems (EMHS), Maine General Health, and Maine Health – as well as the Maine Center for Disease Control and Prevention, an office of the Maine Department of Health and Human Services (DHHS). The reports support our member organizations’ and community partners’ work to develop strategies that will improve the health of the people we serve.

The CHNA reports present findings from quantitative and qualitative data. The quantitative data came from 25 sources (surveillance surveys such as BRFSS, MIYHS; patient visits to the emergency room or hospitalizations from MHDO; and disease registries such as the Cancer Registry) for over 160 indicators within 18 domains or health categories. The qualitative data was captured through an online stakeholder survey to receive opinions of health professionals and community stakeholders on the health issues and needs of communities across the state.

The data gathered from these sources allowed EMHS to extract the top five health issues and health factors, leading causes of death, key access indicators, and populations experiencing health disparities for each county. This information, in conjunction with the template that follows, is meant to help guide your review and selection of priorities to focus on as you develop and adopt an implementation strategy to address local health needs. If your organization has identified other priorities of significant need, please feel free to incorporate these into the template as part of your implementation strategy, with a brief explanation of their importance.

Washington County Areas of Significant Need:

<p>Top Five Health Issues include:</p> <ul style="list-style-type: none"> • Drug and Alcohol Abuse (91%) • Obesity (82%) • Tobacco use (77%) • Mental Health (76%) • Cardiovascular diseases (76%) 	<p>Top Five Health Factors include:</p> <ul style="list-style-type: none"> • Poverty (89%) • Employment (82%) • Health care insurance (78%) • Access to behavioral care/mental health care (76%) • Health Literacy (74%)
<p>Leading Causes of death include:</p> <ul style="list-style-type: none"> • Cancer (All Types) • Heart Disease • Lower Respiratory Diseases 	<p>Key Access Indicators County include:</p> <ul style="list-style-type: none"> • Adults with a usual primary care provider (2011 - 2013) 83.6%* • Individuals who are unable to obtain or delay obtaining necessary medical care due to cost (2011 - 2013) 9.6% • Percent uninsured (2009-2013) 13.7%* • Ambulatory care-sensitive condition hospital admission rate per 100,000 population (2011) 1,809.00* • Adults with visits to a dentist in the past 12 months (2012) 56.9%



Implementation Strategy Template

Washington County

Designated Member Organization: **Down East Community Hospital**

Date Priorities were adopted: **April 27, 2016**

<u>SELECTED</u> Priorities of Focus	<u>NON-SELECTED</u> Priorities	Brief Explanation why you are not choosing priorities listed in column 2
<ol style="list-style-type: none"> 1. Obesity 2. Drug & Alcohol Abuse 3. Cardiovascular Disease 4. Mental Health 5. Cancer 6. Access 7. Diabetes 	<ol style="list-style-type: none"> 1 Tobacco Use 	<ol style="list-style-type: none"> 1. Tobacco use is a primary focus of a local agency. We will continue our current services to address these issues.



Selected Priorities of Focus:

Priority #1: Obesity

A. Briefly describe actions you will take to address the health need and the anticipated impact of these actions:

DECH will partner with and promote and sponsor area agencies that are providing access to exercise, education, and healthy eating. DECH will implement the 5210 Let's Go program through a grant through MaineHealth. DECH will work with other area agencies to provide free cholesterol screenings.

B. Identify programs/resources you will commit to address the health need:

Staff, supplies, and CHNA and CB funds.

C. Describe any planned collaboration (strategic community partnerships) with other facilities or organizations to address the priority health need:

Healthy Acadia, Public Health, Area Schools, DYSA, Little League, Women's Health Resource Library.

D. Population of focus: Adults and children

Priority #2: Drug and Alcohol Abuse

A. Briefly describe actions the member organization intends to take to address the health need and the anticipated impact of these actions:

DECH will collaborate with local agencies and the community to search for gaps that need to be filled in getting the complete care needed to overcome alcohol and drug addiction. DECH will sponsor and work with Arise Addiction Recovery through a sponsorship as well as an MOU that will permit them to be on a call list for patients in need.

B. Identify programs/resources you will commit to address the health need:

Staff, supplies, and CHNA and CB funds.



- C. Describe any planned collaboration (strategic community partnerships) with other facilities or organizations to address the priority health need:** Local law enforcement, Area Health Agencies, Community Action Groups, Arise Addiction Recovery
- D. Population of focus:** Adults

Priority #3: Cardiovascular Disease

- E. Briefly describe actions the member organization intends to take to address the health need and the anticipated impact of these actions:**
DECH will address the correctable causes of cardiovascular disease, such as an unhealthy diet, lack of exercise, obesity and smoking through education, sponsorship and collaboration with other agencies. DECH will work with other local agencies to provide free glucose and cholesterol screenings.
- F. Identify programs/resources you will commit to address the health need:**
Staff time, supplies, and CHNA and CB funds.
- G. Describe any planned collaboration (strategic community partnerships) with other facilities or organizations to address the priority health need:** Healthy Acadia, Women's Health Resource Library, Public Health
- H. Population of focus:** Adults and Children

Priority #4: Mental Health

- A. Briefly describe actions the member organization intends to take to address the health need and the anticipated impact of these actions:**
DECH will continue to collaborate with Community Health & Counseling to improve provider access for mental health needs. DECH will improve emergent behavioral and mental health needs through the Emergency Department expansion by providing two rooms that will be specially equipped to treat behavioral and psychiatric patients.
- B. Identify programs/resources you will commit to address the health need:**
Staff time and funds.



C. Describe any planned collaboration (strategic community partnerships) with other facilities or organizations to address the priority health need:

Community Health & Counseling

D. Population of focus: Patients with mental health needs

Priority #5: Cancer

A. Briefly describe actions the member organization intends to take to address the health need and the anticipated impact of these actions:

DECH will collaborate with and support area agencies who work to improve access to care for cancer patients. DECH will provide education around two top cancer concerns.

B. Identify programs/resources you will commit to address the health need:

Staff time, supplies and CHNA and CB funds.

C. Describe any planned collaboration (strategic community partnerships) with other facilities or organizations to address the priority health need:

Beth C. Wright, Sarah's House, Ronald McDonald House

D. Population of focus: Adults and Children

Priority #6: Access

A. Briefly describe actions the member organization intends to take to address the health need and the anticipated impact of these actions:

DECH will actively recruit providers for the Machias area to improve access to care. Once providers are secured, DECH will open a weekend clinic. DECH will increase knowledge and grow telemedicine services provided at the Reid Emery Building. DECH will consider ways to collaborate with WHCA and the Community Caring Collaborative on ways to improve transportation to appointments for patients through the Thriving in Place grant.



B. Identify programs/resources you will commit to address the health need:

Recruitment, staff, and funds.

C. Describe any planned collaboration (strategic community partnerships) with other facilities or organizations to address the priority health need:

New England Telemedicine, CCC, WHCA

D. Population of focus: Adults and Children

Priority #7: Diabetes

A. Briefly describe actions the member organization intends to take to address the health need and the anticipated impact of these actions:

DECH will continue to work with MRHIN and MedTronics, Inc. through a cooperative grant to provide continuous glucose monitoring devices (implantable) to 3 DECH patients. DECH will provide patient education and free glucose testing.

B. Identify programs/resources you will commit to address the health need:

Grant, staff time, CHNA and CB funds, and supplies.

C. Describe any planned collaboration (strategic community partnerships) with other facilities or organizations to address the priority health need:

MRHIN, Healthy Acadia

D. Population of focus: Adults